

# *Secrets of Survival*

## *Personal Evacuation Kit:BOB*

### **Rucksack**

- 3 Liners, Waterproof
- 2\* Canteens, plastic, 1 qt
- 2\* Covers, Canteen, OD
- 1\* Cup, Canteen, Stainless steel
- 1\* Canteen, 2qt w/ covers
- 1\* Compass, Lensatic, Tritium-illuminated w/ pouch
- 1\* Waterproof Map Case with necessary Maps waterproofed with Map Seal
- 1\* Set of Alcohol Markers (in map case)
- 1\* Water filter (PUR Scout)
- 1\* set Waterproof Mini-Binoculars
- 1\* Flashlight, Mini-Maglite-type
- 16\* Batteries, Alkaline
- 100'\* 550 Cord
- 1\* Leatherman Supercool
- 1\* Knife, Lock blade, Pocket, Bench made AFO
- 1\* Knife, Fixed Blade, Busse Steelheart II w/ Eagle sheath
- 1\* Hatchet
- 1\* Sharpening stone (in pocket on sheath)
- 1\* Watch, windup, w/tritium markings
- 1\* Shovel, Cold Steel Spetsnaz
- 1\* Shelter (doubles as Poncho), IMPS
- 1\* Ground pad, self-inflating, Therm-A-Rest
- 1\* Poncho Liner
- 1 Sleeping Bag, Modular (for use in -20 degrees Fahrenheit to +40 degrees) w/ stuff sack
- 1\* Space Blanket, Heavy Duty

### **Personal Clothing:**

- 2 Pants, BDU-type
- 2 Shirts, long-sleeve, Tuck-in
- 4 T-shirts, various colors, (Hanes Beefy-T's or similar type)
- 4 Underwear

6pr Socks, (Over the calf)  
2pr Boots, GI, Black.  
1 Hat, Boonie type  
1 Hat, Baseball type  
1pr\* Gloves, Leather, Black A-type  
1pr\* Liners, Gloves, Wool or Polypropylene  
1pr\* Pants, wet weather  
1\* Jacket, Wet Weather  
6\* MRE's  
6 Fruit Bars  
3 Bags Trail mix  
1\* Utensil set (fork, spoon)  
1 Cookware Set  
2 Candles, 8-hour  
100\* Matches, waterproof  
1\* Hammock  
1\* Wallet, with extra identification and \$100 in small bills (minimum)  
1\* \$10 roll silver quarters  
1\* Pad of Paper (waterproof Note Safe)  
1\* Fisher Space Pen (clicker type with rubber coating)  
1\* Mechanical Pencil 0.9mm  
5 Trash bags, Large, Heavy-Duty \*(3 in warm weather)

#### **First Aid & Personals**

1 Box Baby Wipes  
1 Soap Bar (anti-bacterial)  
1 Deodorant (Pit-stop, preferable)  
1 Toothbrush  
1 Toothpaste  
1 Mirror, Stainless Steel  
1 Roll Toilet Paper  
1 Collapsible basin  
1 Towel, Cotton  
1 Razor, Disposable  
5 Blades, Razor  
1 Shaving cream  
1 Sunblock

- 1 Foot Powder
- 1 Plastic Comb
- 1 Mouthwash
- 2 Triangular Bandage
- 1 Box assorted Band-Aids
- 8 Gauze Pads
- 1 Tweezers
- 1 Magnifying glass
- 10 Safety pins
- 1 Moleskin Roll
- 1 Bottle 50 Tylenol
- 1 Bottle One-A-Day Vitamins
- 1 Thermometer
- 2 Ace Bandages
- 2 Rolls Surgical Tape
- 4 Sutures, General Purpose
- 1 Tube, Antibiotic cream
- 1 Box, Pepto-Bismol Tablets
- 1 SAM Splint
- 1 Lip Balm
- 3pr Latex Gloves
- 1 EMT Shears
- 1 Finger splint
- 10 Butterfly closures
- 5 Ammonia Inhalants
- 10 Sudafed (or equivalent)
- 10 Cough Suppressant
- 10 Maalox (or equivalent)
- 10 Ex-Lax (or equivalent)

**Repair Kit:**

- 4 Bulbs, Mini-Maglite type
- 1 Package, Assorted Needles
- 1 Package, Threads
- 10 Buttons
- 1 Awl
- 1 Roll, Nylon thread

- 1 Roll, Waxed Cotton Thread
- 1 Tube, GOOP
- 1 Tin, Boot Polish, Black (Kiwi)
- 1 Tin, Mink Oil
- 1 Applicator
- 1 Brush, polish
- 1 Roll, Duct-tape

#### **WINTER MODULE**

- 2pr Polypropylene Thermal underwear
- 3pr Wool Socks
- 1 Sweater, Wool or fleece
- 2pr Gloves, Insulated
- 1 Jacket, Gore-Tex ECWCS
- 1 Pants, Gore-Tex ECWCS
- 1 Overalls, Fleece (Teddy Bear Suit)
- 1 Top, Fleece, (Teddy Bear Suit)
- 1 Cap, Wool, Watch cap type
- 1 Scarf, Polypropylene
- 1 Stove, Multi-fuel (Coleman Dual Fuel)
- 1 Container, Sigg, fuel

#### **Weapons Kit:**

- 1 Large Survival knife
- 1 Swiss Army knife
- 1 Binoculars
- 3 pocket knives (carry one in pocket)
- 7 Magazines, 30 round, (minimum, 14 preferred)
- 1 Harness (capable of carrying a minimum 6 magazines)
- 1 Rifle
- 2 Ammo Pouches (Optional, to hold 3-30 round magazines each)
- 3 Bandoliers, with 140 rds
- 1 Pistol,
- 3 Magazines, Pistol, 10-rd
- 50rds Ammunition,
- 16rds Ammunition,

1 Web Belt

1 Holster, Pistol, Nylon

1 Pouch, Ammo (capable of holding a minimum of 2 magazines)

**Weapons Cleaning Kit:**

1 Rod, Cleaning, 5-piece

2 Patch Holders

2 Bore Brushes for rifle

2 Bore Brushes for pistol caliber

1 Swab for pistol

1 Chamber Brush for AR-15

1 Roll Cotton Patches

1 Bottle, Break-Free CLP (4 oz)

1 Bottle, Break-Free CLP (.25 oz)

1 Bottle, Hoppe's #9 (.25 oz)

1 Toothbrush, Nylon

1 Toothbrush, Brass

3 Dental Cleaning picks

2 Rags, cleaning, cotton (shop rags)

25 Qtips

25 Pipe Cleaners